



GENERAL SERVICES ADMINISTRATION
FEDERAL SUPPLY SERVICE
AUTHORIZED FEDERAL SUPPLY SCHEDULE CATALOG/PRICE LIST

On-line access to contract ordering information, terms and conditions, up-to-date pricing, and the option to create an electronic delivery order is available through GSA Advantage!, a menu driven database system. The INTERNET address for GSA Advantage! is <http://www.gsaadvantage.gov>.

SCHEDULE TITLE: 874 Mission Oriented Business Integrated Services (MOBIS)

CONTRACT NUMBER: GS-02F-0064X

CONTRACT PERIOD: January 11, 2011 through January 10, 2016

For more information on ordering from Federal Supply Schedules click on the FSS Schedules button at www.fss.gsa.gov

CONTRACTOR INFO:

The Real Life Training Group	Telephone: 541-488-7921
330 Wrights Creek	Facsimile: 541-488-9697
Ashland, OR 97520	Email: joan@reallifetraininggroup.com

CONTRACTORS ADMINISTRATION SOURCE:

Joan Resnick	Telephone: 541-488-7921
330 Wrights Creek	Facsimile: 541-488-9697
Ashland, OR 97520	Email: joan@reallifetraininggroup.com

BUSINESS SIZE: Small

CUSTOMER INFORMATION:

- 1a. Table of Awarded Special Item Number(s):** SIN 874-4
- 1b. Identification of the lowest priced model number and lowest unit price for that model for each SIN:** N/A
- 2. Maximum Order:** \$1,000,000
- 3. Minimum Order:** \$100.00
- 4. Geographic Coverage (delivery area):** Domestic only
- 5. Point(s) of production:** Same as company address
- 6. Discount from list prices or statement of net price:** Government net prices (discounts already deducted). See below.
- 7. Quantity discounts:** None Offered
- 8. Prompt Payment Terms:** 0.25% for 10 days, Net 30 Days
- 9a. Notification that Government purchase cards are accepted up to the micro-purchase threshold:** Yes
- 9b. Notification whether Government purchase cards are accepted or not accepted above the micro-purchase threshold:** Will accept over \$2,500
- 10. Foreign items (list items by country of origin):** None
- 11a. Time of Delivery:** Specified on the Task Order
- 11b. Expedited Delivery:** Contact Contractor
- 11c. Overnight and 2-Day delivery:** Contact Contractor
- 11d. Urgent Requirements:** Contact Contractor
- 12. F.O.B Points:** Destination
- 13a. Ordering Address:** Same as Contractor
- 13b. Ordering Procedures:** GSA/FSS Schedule homepage (fss.gsa.gov/schedules)
- 14. Payment addresses:** Same as company address
- 15. Warranty provision:** Contractor's standard commercial warranty
- 16. Export Packing Charges:** N/A

- 17. Terms and Conditions of Government purchase card acceptance (any thresholds above the micro-purchase level):** Contact Contractor
- 18. Terms and conditions of rental, maintenance, and repair:** N/A
- 19. Terms and Conditions of installation:** N/A
- 20. Terms and Conditions of Repair:** N/A
- 21. List of Service and Distribution Points:** N/A
- 22. List of Participating Dealers:** N/A
- 23. Preventative Maintenance:** N/A
- 24a. Environmental Attributes:** N/A
- 24b. Section 508 Compliance:** www.section508.gov/
- 25. DUNS number:** 148552131
- 26. CCR Registration:** Currently registered

GSA Price List

SIN(s) PROPOSED	Course Title	Course Length	Minimum Participants	Maximum Participants	Price Per Course or Per Person	PRICE OFFERED TO GSA (including IFF)
<i>Session 1, 2, and 3 must be purchased to complete the "Leaders Growth Series"</i>						
874-4	Session 1: Leading Yourself to Lead Others: Personal and Professional Choice Development	2 Days	25	30	Per Course	\$13,499.24
874-4	Session 2: Leading Others Through Change	2 Days	25	30	Per Course	\$15,583.56
874-4	Session 3: Leading the Organization	1 Day	25	30	Per Course	\$8,765.74
874-4	Leading for Any Chair: Leadership Team Retreat	2 Days	5	20	Per Course	\$6,099.19
874-4	Effective Communications	2 Days	12	25	Per Course	\$4,433.25
874-4	Effective Meetings	1 Day	12	25	Per Course	\$2,181.82
874-4	Beginning Briefing Techniques	2 Days	12	25	Per Course	\$4,433.25
874-4	Advanced Briefing Techniques	2 days	12	25	Per Course	\$4,433.25

The Leaders' Growth Series

A Leadership Development Curriculum — Series Overview

By The Real Life Training Group™

SERIES OVERVIEW

Workshops, Interim Assignments, Action Learning, Assessments, and Team Work

Series Description: The Leaders' Growth Series is a three-month leadership development program that is benchmarked against the Office of Personnel Management's Leadership Competency Framework, The Center for Creative Leadership, and the USDA Graduate School Leadership Academy's Executive Potential Program. The Series is also accredited by Southern Oregon University's School of Business, Masters in Management Program for 4 graduate or undergraduate credits for any participant who wishes to obtain credit.

The Leaders' Growth Series addresses leadership development and performance in alignment with the OPM's Executive Qualifications Competencies (ECQs). It builds upon the fundamental competencies of developing interpersonal skills, oral communication, continual learning, written communication, integrity/honesty, and public service motivation. The Series is highly experiential, providing the opportunity to learn, practice, and develop leadership strengths rather than just "talk" about them.

All learning styles are accounted for in The Leaders' Growth Series through its blended learning opportunities: on-line, one-on-one coaching, peer learning partnerships, experiential (action) learning teams, and live workshops. The Series includes:

- On-line topic survey
- Inside Insight™ Coaching Call
- 3 Live Workshops, 5 days
- Keirsey Temperament Instrument
- LBAII or other instrument
- Action Learning Team
- Team Presentation
- Learning Partner
- 360° Feedback Instrument (Reach cc) with Professional Coaching
- Recruiting a Mentor
- Create an Individual Leadership Development Plan
- Reading Assignments
- Reflective Leadership Journal

The workshops are facilitated by professional trainers, consultants, and coaches with real-life experience in public policy and natural resource management. Several trainers are former federal careerists with executive and other leadership experience.

SESSION ONE: 16 HOURS

Leading Yourself to Lead Others:

An Individual Discovery Process for Personal and Professional Choice Development

Course Description: You've been told how important it is to "know thyself" and yet, it is still one of the most difficult tasks you will ever face. Experience a value-based approach to gain greater self-knowledge. Enhance leadership practices in this workshop designed to give participants opportunity for personal discovery, emotional management, and reflection. Develop a better understanding of one's preferred styles, temperament, work-style differences, and motivational drivers as well as those of others. Learn tools and strategies that support empowerment and creativity, contributing to greater personal effectiveness. Practice highly accountable language using action inquiry to frame, advocate, illustrate, and ask questions about highly-charged topics.

SESSION TWO: 16 HOURS

Leading Others through Change

Course Description: Why do some people experience change as an exciting, creative opportunity for transformation while others face change with dread? Find out which leadership attributes inspire resilience and optimism in others during challenging times in this interactive workshop. Practice four different leadership styles for a variety of typical situations to best develop others and learn how middle managers influence organizational change. Learn tools for effectively creating teams, building consensus, gaining support for decisions, and transforming conflict into an invigorating problem-solving environment.

SESSION THREE: 8 HOURS

Leading the Organization

Course Description: This one-day workshop provides a profound experience of understanding individual roles and accountability in how organizations function and reach their goals. Explore the full range of the leader's roles in building external awareness through scanning the social, technological, political, and economic environments and anticipating impacts accordingly. Discover how your role in distributive leadership leads organizations to transformational levels of productivity, shared accountability, and collaboration. Practice articulating your own leadership point of view and vision.