

**GENERAL SERVICES ADMINISTRATION  
MULTIPLE AWARD SCHEDULE  
AUTHORIZED LIST**

**FURNITURE AND FURNISHINGS CATEGORY  
FITNESS SOLUTIONS SUBCATEGORY**

**CONTRACT NUMBER:  
GS-03F-047CA**

**PERIOD COVERED BY CONTRACT:  
April 1, 2015 through March 31, 2025**

**Aquila Fitness Consulting Systems, Ltd.**

**1221 Brickell Ave, Suite 1060**

**Miami, FL 33131**

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**Contract Administration: Yvan Miklin**

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**BUSINESS SIZE: Small Business**

**DUNS NUMBER: 969827187**

General Services Administration  
Management Services Center Acquisition Division

Pricelist current through Modification #12 effective September 1, 2020

On-line access to contract ordering information, terms and conditions, up-to-date pricing, and the option to create an electronic delivery order are available through GSA Advantage! ®, a menu-driven database system. The INTERNET address GSA Advantage! ® is: [GSAAdvantage.gov](http://GSAAdvantage.gov).

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<b>ORDERING INFORMATION</b>
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- 1a. Awarded Special Item Number(s):  
713940          Fitness Center Management Services  
812990          Personal Trainer and Aerobic/Cardio Class Leader/Instructor
  
- 1b. Lowest priced model number and lowest unit price for that model for each SIN awarded in the contract:  
See attached pricelist
  
- 1c. A description of all corresponding commercial job titles, experience, functional responsibility and education for those types of employees who will perform services is provided below.
  
2. Maximum Order:  
All Awarded SINs:     \$500,000
  
3. Minimum Order:  
\$0
  
4. Geographic Coverage (delivery Area):  
Domestic - 48 States, DC
  
5. Point of production (city, county, and state or foreign country):  
Same as company address
  
6. Discount from list prices or statement of net price:  
Government net prices (discounts already deducted). See pricing below.
  
7. Quantity discounts:  
5%-22%- Varies per labor category. Consult with Contractor for specifics.
  
8. Prompt payment terms:  
1.0 % if Payment is made within 10 days  
0.5 % if Payment is made within 15 days  
**Information for Ordering Offices:** Prompt payment terms cannot be negotiated out of the contractual agreement in exchange for other concessions.
  
- 9a. Notification that Government purchase cards are accepted up to the micro-purchase threshold:  
Yes
  
- 9b. Notification whether Government purchase cards are accepted or not accepted above the micro-purchase threshold:  
Yes
  
10. Foreign items (list items by country of origin):  
None

- 11a. Time of Delivery (Contractor insert number of days):  
As Negotiated at the task order level
- 11b. Expedited Delivery.  
Consult with contractor
- 11c. Overnight and 2-day delivery.  
Consult with contractor
- 11d. Urgent Requirements.  
Consult with contractor
- 12. F.O.B Points:  
Destination
- 13a. Ordering Address:  
Same as Contractor
- 13b. Ordering procedures:  
Ordering procedures: For supplies and services, the ordering procedures, information on Blanket Purchase Agreements (BPA's) are found in Federal Acquisition Regulation (FAR) 8.405-3.
- 14. Payment address:  
Same as company address
- 15. Warranty provision:  
None
- 16. Export Packing Charges (if applicable):  
Not Applicable
- 17. Terms and conditions of Government purchase card acceptance (any thresholds above the micro-purchase level):  
Accepted at all levels
- 18. Terms and conditions of rental, maintenance, and repair (if applicable):  
Not Applicable
- 19. Terms and conditions of installation (if applicable):  
Not Applicable
- 20. Terms and conditions of repair parts indicating date of parts price lists and any discounts from list prices (if applicable):  
Not Applicable
- 20a. Terms and conditions for any other services (if applicable):  
Not Applicable

21. List of service and distribution points (if applicable):  
Not Applicable
22. List of participating dealers (if applicable):  
Not Applicable
23. Preventive maintenance (if applicable):  
Not Applicable
- 24a. Special attributes such as environmental attributes (e.g., recycled content, energy efficiency, and/or reduced pollutants): Not Applicable
- 24b. If applicable, indicate that Section 508 compliance information is available on Electronic and Information Technology (EIT) supplies and services and show where full details can be found (e.g. contactor's website or other location.) The EIT standards can be found at:  
[www.Section508.gov/](http://www.Section508.gov/).  
Not Applicable
25. Data Universal Numbering System (DUNS) number:  
969827187
26. Notification regarding registration in System for Award Management (SAM.gov) database:  
Registered Cage Code 1Q5K0

# Aquila Fitness Consulting Systems, Ltd. Labor Category

## Descriptions

### **Fitness Attendant**

Performs the following but not limited to: individual exercise assessments and program prescriptions following ACSM (American College of Sports Medicine) guidelines, adult fitness supervision, fitness equipment orientations, and daily program administrative duties.

#### *Minimum Education and Experience:*

- High School
- CPR, First Aid & National Fitness Certification
- 1 year of relevant experience

### **Exercise Specialist**

Performs the following but not limited to: individual exercise assessments and program prescriptions following ACSM (American College of Sports Medicine) guidelines, adult fitness supervision, fitness equipment orientations, and daily program administrative duties.

#### *Minimum Education and Experience:*

- Bachelor's Degree OR Certified by a National Fitness Agency
- CPR & First Aid certification
- 1 year of relevant experience

### **Health & Fitness Program Manager**

Coordinates various project functions in health, fitness, and wellness arena that include but are not limited to: fitness or wellness program administration following ACSM (American College of Sports Medicine) guidelines, fitness facility management, exercise assessment & prescriptions, program evaluation and recommendations, delivery of wellness & worksite health promotion programs.

#### *Minimum Education and Experience:*

- Bachelor's degree OR Certified by a National Fitness Agency
- CPR & First Aid certification
- 3 years of relevant

### **Assistant Health & Fitness Program Manager**

Assists in coordinating various project functions in health, fitness, and wellness arena that include but are not limited to: fitness or wellness program administration following ACSM (American College of Sports Medicine) guidelines, fitness facility management, exercise assessment & prescriptions, program evaluation and recommendations, delivery of wellness & worksite health promotion programs. Certification by ACSM, NSCA, ACE, AFAA, Cooper Institute or other national fitness agency may be substituted for the Bachelor's Degree requirement.

Minimum Education and Experience:

- Bachelor's Degree OR a Nationally Approved Group Fitness Certification
- CPR & First Aid certified
- 2 years of relevant experience

**Group Fitness Instructor/Class**

Instructs a variety of standard basic group fitness movement classes to include but not limited to cardiovascular, strength training and flexibility classes.

Minimum Education and Experience:

- Holds a nationally approved group fitness certification
- CPR & First Aid certified
- 2 years of relevant experience

**Program Development & Administration Management**

The Senior Manager provides directions in health, fitness, or wellness facility design & development, program analysis, fitness & wellness program management and implementation. Has at least 10 years of experience in health & fitness program administration and management. Works with clients to establish departmental procedures, program directions, organizational standards of operations, and similar.

Minimum Education and Experience:

- Bachelor's degree
- CPR & First Aid certification
- 10 years of experience in health & fitness program administration and management

# Aquila Fitness Consulting Systems, Ltd. Authorized GSA

## Pricing

<b>Labor Category</b>	<b>Price for Year 2020</b>
Health & Fitness Program Manager	\$41.50
Assistant Health & Fitness Manager	\$33.11
Fitness Attendant**	\$27.66
Exercise Specialist	\$33.01
Group Fitness Instructor	\$51.35
Program Development & Administration Management	\$123.23

## Service Contract Act

<b>Contract Labor Category</b>	<b>SCA Equivalent Code – Title</b>	<b>WD Number</b>
**Fitness Attendant	28510 RECREATION AIDE/HEALTH FACILITY ATTENDANT	2015-4544
<p>The Service Contract Labor Standards, formerly the Service Contract Act (SCA), apply to this contract and it includes SCLS applicable labor categories. Labor categories and fixed price services marked with a (**) in this pricelist are based on the U.S. Department of Labor Wage Determination Number(s) identified in the SCLS/SCA matrix. The prices awarded are in line with the geographic scope of the contract (i.e., nationwide).</p>		