| **FURNITURE AND FURNISHINGS CATEGORY** |
| **FITNESS SOLUTIONS SUBCATEGORY** |

**CONTRACT NUMBER:**
GS-03F-047CA

**PERIOD COVERED BY CONTRACT:**
April 1, 2015 through March 31, 2025

| **Aquila Fitness Consulting Systems, Ltd.** |
| 1221 Brickell Ave, Suite 1060 |
| Miami, FL 33131 |
| Phone: 305-400-8444 |
| Fax: 305-397-1843 |
| Internet Address: http://www.aquilaltd.com |
| Contract Administration: Yvan Miklin |
| E-Mail: yvan.miklin@aquilaltd.com |

**BUSINESS SIZE:** Small Business

**DUNS NUMBER:** 969827187

General Services Administration
Management Services Center Acquisition Division

Pricelist current through Modification #17

On-line access to contract ordering information, terms and conditions, up-to-date pricing, and the option to create an electronic delivery order are available through GSA Advantage! ®, a menu-driven database system. The INTERNET address GSA Advantage! ® is: GSAAAdvantage.gov.
ORDERING INFORMATION

1a. Awarded Special Item Number(s):
   713940 Fitness Center Management Services
   812990 Personal Trainer and Aerobic/Cardio Class Leader/Instructor
   339920S Sporting Goods Equipment and Supplies

1b. Lowest priced model number and lowest unit price for that model for each SIN awarded in the contract:
    See attached pricelist

1c. A description of all corresponding commercial job titles, experience, functional responsibility and education for those types of employees who will perform services is provided below.

2. Maximum Order:
   All Awarded SINs: $500,000

3. Minimum Order:
   $0

4. Geographic Coverage (delivery Area):
   Domestic - 48 States, DC

5. Point of production (city, county, and state or foreign country):
   Same as company address

6. Discount from list prices or statement of net price:
   Government net prices (discounts already deducted). See pricing below.

7. Quantity discounts:
   5%-22%- Varies per labor category. Consult with Contractor for specifics.

8. Prompt payment terms:
   1.0 % if Payment is made within 10 days
   0.5 % if Payment is made within 15 days
   **Information for Ordering Offices:** Prompt payment terms cannot be negotiated out of the contractual agreement in exchange for other concessions.

9. Foreign items (list items by country of origin):
   None

10a. Time of Delivery (Contractor insert number of days):
    As Negotiated at the task order level

10b. Expedited Delivery.
    Consult with contractor
10c. Overnight and 2-day delivery.
Consult with contractor

10d. Urgent Requirements.
Consult with contractor

11. F.O.B Points:
Destination

12a. Ordering Address:
Same as Contractor

12b. Ordering procedures:
Ordering procedures: For supplies and services, the ordering procedures, information on Blanket Purchase Agreements (BPA’s) are found in Federal Acquisition Regulation (FAR) 8.405-3.

13. Payment address:
Same as company address

14. Warranty provision:
None

15. Export Packing Charges (if applicable):
Not Applicable

16. Terms and conditions of rental, maintenance, and repair (if applicable):
Not Applicable

17. Terms and conditions of installation (if applicable):
Not Applicable

18. Terms and conditions of repair parts indicating date of parts price lists and any discounts from list prices (if applicable):
Not Applicable

18a. Terms and conditions for any other services (if applicable):
Not Applicable

19. List of service and distribution points (if applicable):
Not Applicable

20. List of participating dealers (if applicable):
Not Applicable

21. Preventive maintenance (if applicable):
Not Applicable
22a. Special attributes such as environmental attributes (e.g., recycled content, energy efficiency, and/or reduced pollutants): Not Applicable

22b. If applicable, indicate that Section 508 compliance information is available on Electronic and Information Technology (EIT) supplies and services and show where full details can be found (e.g. contactor’s website or other location.) The EIT standards can be found at: www.Section508.gov. Not Applicable

23. Data Universal Numbering System (DUNS) number:

   969827187

24. Notification regarding registration in System for Award Management (SAM.gov) database: Registered Cage Code 1Q5K0
Aquila Fitness Consulting Systems, Ltd. Labor Category Descriptions

**Fitness Attendant**
Performs the following but not limited to: individual exercise assessments and program prescriptions following ACSM (American College of Sports Medicine) guidelines, adult fitness supervision, fitness equipment orientations, and daily program administrative duties.

*Minimum Education and Experience:*
- High School
- CPR, First Aid & National Fitness Certification
- 1 year of relevant experience

**Exercise Specialist**
Performs the following but not limited to: individual exercise assessments and program prescriptions following ACSM (American College of Sports Medicine) guidelines, adult fitness supervision, fitness equipment orientations, and daily program administrative duties.

*Minimum Education and Experience:*
- Bachelor’s Degree OR Certified by a National Fitness Agency
- CPR & First Aid certification
- 1 year of relevant experience

**Health & Fitness Program Manager**
Coordinates various project functions in health, fitness, and wellness arena that include but are not limited to: fitness or wellness program administration following ACSM (American College of Sports Medicine) guidelines, fitness facility management, exercise assessment & prescriptions, program evaluation and recommendations, delivery of wellness & worksite health promotion programs.

*Minimum Education and Experience:*
- Bachelor’s degree OR Certified by a National Fitness Agency
- CPR & First Aid certification
- 3 years of relevant experience

**Assistant Health & Fitness Program Manager**
Assists in coordinating various project functions in health, fitness, and wellness arena that include but are not limited to: fitness or wellness program administration following ACSM (American College of Sports Medicine) guidelines, fitness facility management, exercise assessment & prescriptions, program evaluation and recommendations, delivery of wellness & worksite health promotion programs. Certification by ACSM, NSCA, ACE, AFAA, Cooper Institute or other national fitness agency may be substituted for the Bachelor's Degree requirement.

*Minimum Education and Experience:*
- Bachelor’s Degree OR a Nationally Approved Group Fitness Certification
- CPR & First Aid certified
- 2 years of relevant experience
Group Fitness Instructor/Class
Instructs a variety of standard basic group fitness movement classes to include but not limited to cardiovascular, strength training and flexibility classes.

Minimum Education and Experience:
- Holds a nationally approved group fitness certification
- CPR & First Aid certified
- 2 years of relevant experience

Program Development & Administration Management
The Senior Manager provides directions in health, fitness, or wellness facility design & development, program analysis, fitness & wellness program management and implementation. Has at least 10 years of experience in health & fitness program administration and management. Works with clients to establish departmental procedures, program directions, organizational standards of operations, and similar.

Minimum Education and Experience:
- Bachelor’s degree
- CPR & First Aid certification
- 10 years of experience in health & fitness program administration and management

GSA Pricing for Labor Services

<table>
<thead>
<tr>
<th>Labor Category</th>
<th>GSA Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health &amp; Fitness Program Manager</td>
<td>$41.50</td>
</tr>
<tr>
<td>Assistant Health &amp; Fitness Manager</td>
<td>$33.11</td>
</tr>
<tr>
<td>Fitness Attendant**</td>
<td>$27.66</td>
</tr>
<tr>
<td>Exercise Specialist</td>
<td>$33.01</td>
</tr>
<tr>
<td>Group Fitness Instructor</td>
<td>$51.35</td>
</tr>
<tr>
<td>Program Development &amp; Administration</td>
<td>$123.23</td>
</tr>
<tr>
<td>Management</td>
<td></td>
</tr>
</tbody>
</table>

** Indicates 24/7 availability.
### GSA Pricing for Fitness Equipment

<table>
<thead>
<tr>
<th>MFR PART NO</th>
<th>PRODUCT NAME</th>
<th>PRODUCT DESCRIPTION</th>
<th>GSA PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>SS000010</td>
<td>SMARTSTEP BUNDLE 10 - Includes 4 red risers and 1 platform x 10</td>
<td>Includes 4 red risers and 1 platform x 10</td>
<td>$1,402.12</td>
</tr>
<tr>
<td>SS000020</td>
<td>SMARTSTEP BUNDLE 20 - Includes 4 red risers and 1 platform x 20</td>
<td>Includes 4 red risers and 1 platform x 20</td>
<td>$2,804.23</td>
</tr>
<tr>
<td>MBX1010</td>
<td>MBX Mat Bundle (10 Mats + Rack)</td>
<td>10 Mats + Rack</td>
<td>$900.51</td>
</tr>
<tr>
<td>MBX2020</td>
<td>MBX Mat Bundle (20 Mats + Rack)</td>
<td>20 Mats + Rack</td>
<td>$1,512.71</td>
</tr>
<tr>
<td>SSTEPSET-US</td>
<td>SMARTSTEP SYSTEM</td>
<td>SMARTSTEP SYSTEM</td>
<td>$140.21</td>
</tr>
<tr>
<td>MBXMAT01-US</td>
<td>MBX MAT</td>
<td>One MBX Mat</td>
<td>$61.22</td>
</tr>
<tr>
<td>MBXRCK49-US</td>
<td>MBX MAT Rack</td>
<td>One MBX Mat Rack</td>
<td>$288.32</td>
</tr>
</tbody>
</table>

### GSA Pricing for Online/Virtual Fitness Programs

<table>
<thead>
<tr>
<th>COURSE OPTION</th>
<th>DESCRIPTION</th>
<th>GSA PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>WSVIRTUAL12-Month</td>
<td>Virtual workouts designed for studio space famous for providing motivation, inspiration, and results. Includes music and instruction from the world's best talent creating unparalleled virtual experiences than can launch users into group fitness and utilize your workout areas</td>
<td>$295.23</td>
</tr>
<tr>
<td>WSVIRTUAL12-Annual</td>
<td>Virtual workouts designed for studio space famous for providing motivation, inspiration, and results. Includes music and instruction from the world's best talent creating unparalleled virtual experiences than can launch users into group fitness and utilize your workout areas</td>
<td>$3,542.81</td>
</tr>
<tr>
<td>Les Mills on Demand</td>
<td>1-1000 user pricing - Home fitness application with a library of over 1000 workouts</td>
<td>$9.86</td>
</tr>
<tr>
<td>Les Mills on Demand</td>
<td>1000+ user pricing - Home fitness application with a library of over 1000 workouts</td>
<td>$7.90</td>
</tr>
</tbody>
</table>
**Service Contract Act**

<table>
<thead>
<tr>
<th>Contract Labor Category</th>
<th>SCA Equivalent Code – Title</th>
<th>WD Number</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fitness Attendant</strong></td>
<td>28510 RECREATION AIDE/HEALTH FACILITY ATTENDANT</td>
<td>2015-4544</td>
</tr>
</tbody>
</table>

The Service Contract Labor Standards, formerly the Service Contract Act (SCA), apply to this contract and it includes SCLS applicable labor categories. Labor categories and fixed price services marked with a (***) in this pricelist are based on the U.S. Department of Labor Wage Determination Number(s) identified in the SCLS/SCA matrix. The prices awarded are in line with the geographic scope of the contract (i.e., nationwide).