



ALL AMERICAN ENVIRONMENTAL SERVICES, INC.
CONSULTING ■ FIELD SERVICES ■ TRAINING

GENERAL SERVICES ADMINISTRATION

GSA FEDERAL SUPPLY SERVICES CONTRACT

FEDERAL SUPPLY SCHEDULE: 899 - ENVIRONMENTAL SERVICES

RECOVERY SINS AWARDED: 899-3, 899-3RC

SCHEDULE CONTRACT NUMBER: GS-10F-0214X

CONTRACT PERIOD: 4/27/11 - 4/26/16

For more information, please contact Contract Administrator: Katherine Reed
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All American Environmental Services, Inc. is a Veteran Owned Small Business

Training classes and price list on page 2

Our prices will remain the same for the first contract year, 4/27/11-4/26/12.
After our first year we may contact our Contracting Officer for pricing adjustments.

Prompt Payment Discount: Net 30 days

Geographic Coverage: Domestic and Overseas delivery

Payment for invoices should be sent to: All American Environmental Services, Inc.
7484 Candlewood Road,
Suite E
Hanover, Maryland 21076

We also accept cash, checks, VISA, Mastercard and American Express

Course Pricing for classes at our facility in Hanover, Maryland*

Prices are for training at one of our open enrollment courses at our facility in Hanover, Maryland. The students will be included with our other client's, minimum of 6 students (GSA & Private Sector) needed to run the classes. Please visit our web site at: www.aaes.com to see current course dates. For the same price, we will also run a special class on a different date for GSA clients at our Hanover, Maryland facility, minimum of 6 students. Please call to schedule!

<u>Labor Categories</u>	<u>Course Length Hours</u>	<u>Min/Max Students</u>	<u>GSA Rate Post-IFF</u>
First Aid/CPR & AED	8	1 to 7	68.01
First Responder Operations	8	1 to 7	136.02
Hazardous Materials Technician Refresher	8	1 to 7	136.02
Hazardous Waste Site Worker Annual Refresher	8	1 to 7	90.68
Hazardous Waste Site Worker Annual Supervisor	8	1 to 7	113.35
On-Scene Incident Commander	8	1 to 7	136.02
Confined Space Operations	10	1 to 7	136.02
Hazardous Materials Technician	24	1 to 7	358.19
Hazardous Waste Site Worker	24	1 to 7	340.05
Hazardous Materials Technician	40	1 to 7	498.74
Hazardous Waste Site Worker	40	1 to 7	498.74
First Aid/CPR & AED	8	8 to 12	64.23
First Responder Operations	8	8 to 12	128.46
Hazardous Materials Technician Refresher	8	8 to 12	128.46
Hazardous Waste Site Worker Annual Refresher	8	8 to 12	85.64
Hazardous Waste Site Worker Annual Supervisor	8	8 to 12	107.05
On-Scene Incident Commander	8	8 to 12	128.46
Confined Space Operations	10	8 to 12	128.46
Hazardous Materials Technician	24	8 to 12	338.29
Hazardous Waste Site Worker	24	8 to 12	321.16
Hazardous Materials Technician	40	8 to 12	471.03
Hazardous Waste Site Worker	40	8 to 12	471.03
First Aid/CPR & AED	8	13 to 20	76.57
First Responder Operations	8	13 to 20	120.91
Hazardous Materials Technician Refresher	8	13 to 20	120.91
Hazardous Waste Site Worker Annual Refresher	8	13 to 20	80.60
Hazardous Waste Site Worker Annual Supervisor	8	13 to 20	100.76
On-Scene Incident Commander	8	13 to 20	120.91
Confined Space Operations	10	13 to 20	120.91
Hazardous Materials Technician	24	13 to 20	318.39
Hazardous Waste Site Worker	24	13 to 20	302.27
Hazardous Materials Technician	40	13 to 20	443.32
Hazardous Waste Site Worker	40	13 to 20	443.32

* We would be happy to train at the client's site. Negotiations would be made with the Contracting Officer for instructor travel, travel expenses and other ODC's.

COURSE DESCRIPTIONS

CPR, AED, AND FIRST AID - MEDIC FIRST AID® BASIC PLUS - 8 HOUR

Combined adult CPR, First Aid and AED (Automatic External Defibrillator) program designed for the occupational first aid provider. This extremely flexible program which satisfies the training requirements specified by the Department of Labor, Occupational Safety and Health Administration (OSHA) as found in 29 CFR§1910.151 Subpart K of the Occupational Safety and Health act of 1970 and 29 CFR§1910.266 App B, and other federal and state regulatory requirements can help train employees how to respond and care for medical emergencies at work. The program follows all treatment guidelines in the new 2008 American Heart Association Science Advisory "Hands-Only, Compression-Only" Resuscitation; the 2005 guidelines from American Heart Association for CPR and Emergency Cardiovascular Care; the 2005 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendation, International Liaison Committee on Resuscitation (ILCOR), ASTM Standard F2171-02, ASTM International, and the National Standard Curriculum for Bystander Care, National Highway Traffic Safety Administration, U.S. Department of Transportation.

Support materials provided as part of the class: CPR/First Aid/AED Handbook, Pocket Mask

FIRST RESPONDER OPERATIONS - 8 HOURS

This one-day, 8-hour course is designed to address the minimum training needs of first responders at the operations level who will be performing defensive product control actions at an incident and the training requirements of 29 CFR 1019.120 (q) (6) (ii).

This course is presented in a combination classroom lecture/discussion and practical exercise format.

Upon completion, participants will be able to:

- Perform basic hazard and risk assessment.
- Select and use proper personal protective equipment.
- Understand basic hazardous material terminology.
- Perform defensive confinement operations within the capabilities of the resources available.
- Understand basic decontamination procedures.
- Understand basic standards operating and termination procedures.

Course grading is based on a written examination.

Students satisfactorily completing the course will receive a Certificate of Completion and letter documenting completion of this OSHA-required training.

Support materials provided as part of the class: Student Manual, DOT Chart 14 (Label and Placarding Guide) & DOT *Emergency Response Guidebook*

COURSE DESCRIPTIONS - Continued

HAZARDOUS MATERIALS TECHNICIAN REFRESHER - 8 HOURS

This one-day, 8-hour course provides personnel who have taken either the 24-hour, or 40-hour Hazardous Material Technician Programs with the refresher training required under 29 CFR 1910.120 (q)(6)(iii) and (q)(8).

The course is presented in a combination of lecture, small group discussion, and practical exercise.

Upon completion of the training, Hazardous Material Technicians will have updated and refreshed their knowledge and skills in the following subject matter areas:

- Classification, identification, and verification of known materials with field survey instruments and equipment.
- Function within an assigned role in the incident command system.
- Selection and use of proper specialized chemical personal protective equipment.
- Understand hazard and risk assessment techniques.
- Understand and implementing decontamination
- Basic chemical and toxicological terminology and behavior.
- Understanding termination procedures.

Students satisfactorily completing the course will receive a certificate of completion and a letter indicating completion with OSHA 29 CFR 1910.120 (q)(8) annual training recertification requirements.

(NOTE: As a prerequisite, students must have completed a "Hazardous Materials Technician" course within the preceding twelve months or have received prior training as a Hazardous Material Technician and completion of a refresher course within the last twelve months.)

Support materials provided as part of the class: Student Manual, DOT Chart 14 (Label and Placarding Guide) &
DOT Emergency Response Guidebook,
Dupont Permeation Guide for Dupont Tychem

HAZARDOUS WASTE SITE WORKER ANNUAL REFRESHER - 8 HOURS

The Hazardous Waste Site Worker Annual Refresher course is an 8-hour program that meets the training requirements specified by OSHA 29 CFR 1910.120 (e)(8). The course is designed to provide a review and update of material learned and a refresher on skills acquired in previously received hazardous waste site worker training.

Upon completion of this course, the hazardous material site worker will have updated and refreshed their knowledge and skills in the following subject matter areas:

- Recognition and assessment of safety, health and other hazards present on site;
- Identification, selection, and use of chemical protective clothing and respiratory protection equipment;
- Work practices to minimize employee risks from hazards;
- Safe use of engineering controls and equipment on-site;
- Medical surveillance components and techniques in the recognition of symptoms and signs that might indicate overexposure to hazards;
- Planning for safe site operations and site emergencies;
- Confined space operations awareness; and
- Decontamination procedures for personnel and equipment.

This course is presented through lecture and discussion while also incorporating hands-on application through practical exercise participation (e.g. donning and doffing of level C personal protective equipment and SCBA).

Students satisfactorily completing this course will receive a Certificate of Completion and a letter indicating successful completion of OSHA training recertification requirements.

Support materials provided as part of the class: Training Manual, DOT Chart 14 (Label and Placarding Guide),
Dupont Permeation Guide for Dupont Tychem protection fabrics,
Ansell Chemical Resistance Guide

COURSE DESCRIPTIONS - Continued

HAZARDOUS WASTE SITE WORKER SUPERVISOR - 8 HOURS

This 8-hour course addresses the training needs of managers and supervisors of waste management operations. It satisfies the training requirements specified by OSHA in 29 CFR 1910.120 (e) (4) for such individuals.

(NOTE: The course prerequisite is either a 24-hour or 40-hour "Hazardous Waste Site Worker" course.)

The course is presented in a combination lecture/discussion classroom environment.

Upon completion of the course, students will be able to:

- Identify the 29 CFR 1910.120 training needs of their personnel.
- Identify the three key written health and safety plans required.
- Identify the components of a spill containment program.
- Outline a generic site-specific Safety Plan.
- Describe the components of an Employee Medical Surveillance Program.
- Plan for a Personal Protective Equipment Program.
- Describe procedures and techniques for health hazards monitoring.

Students satisfactorily completing the course will receive a Certificate of Completion and a letter documenting completion of training.

Support materials provided as part of the class: Training Manual, DOT Chart 14 (Label and Placarding Guide),
Ansell Chemical Resistance Guide

ON-SCENE INCIDENT COMMANDER - 8 HOURS

This 8-hour course is designed to meet the OSHA 29 CFR 1910.120 (6)(v) training requirements for individuals with management control responsibilities during hazardous materials incident response. The course is oriented toward developing an understanding of the concepts of effective incident management and the application of an incident command system to hazardous materials emergencies. A course prerequisite is either "Fire Responder Operations" or Hazardous Materials Technician."

Successful completion of this course provides the student with the knowledge and skills to demonstrate competency in the following areas:

- Knowledge of, and ability to implement their employers Emergency Response Plan and incident Command Systems.
- Knowledge of and the ability to implement the local Emergency Response Plan and knowledge of State and Federal response plans and resources.
- An understanding of defensive and offensive hazardous materials control operations, including the use of personal protective equipment and decontamination.
- The ability to develop an incident action plan for the management of the resources required to mitigate a hazardous materials incident.

Course grading is based on participation in simulated exercises and completion of a multiple-choice examination. Students satisfactorily completing the course will receive a Certificate of Completion and a letter documenting completion of the training.

Support materials provided as part of the class: Training Manual, DOT Chart 14 (Labeling & Placarding Guide),
Emergency Response Guidebook

COURSE DESCRIPTIONS - Continued

ONE-DAY CONFINED SPACE OPERATIONS - 10 HOURS

This one-day course addresses the basic training needs of individuals working in confined spaces (authorized entrant) and those who will be stationed outside the space, monitoring work activities (authorized attendant). This course uses both lecture/discussion and demonstration/practical exercise focusing on students demonstrating their ability to apply the knowledge and skills learned. Upon completion, participants will be able to:

- Discuss the purpose for the Confined Space Entry Permit Program and how the program is implemented.
 - Recognize various types of confined spaces and differentiate between their potential hazards.
 - Describe the measures and precautions which must be taken to ensure a confined space is safe prior to employee entry.
 - Demonstrate the use of atmospheric monitoring and sampling instruments to detect the presence of an oxygen deficient or hazardous atmosphere in a confined space.
 - Select and wear the proper respiratory protection device for the atmospheric hazards presented during a practical exercise.
 - Differentiate between the various types of personal protective clothing and equipment worn while working in and around a confined space.
 - Set-up and operate various types of fall protection and retrieval system devices and hardware during practical exercise.
 - Demonstrate the techniques to control hazardous energy sources by implementing a lockout/tagout procedure during a practical exercise.
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- Discuss the requirement for a confined space emergency response plan and how to implement it.

Course grading is based on practical exercise participation and a written examination. Students satisfactorily completing the course will receive a Certificate of Completion indicating successful completion of OSHA training requirements in 29 CFR 1910.146 (g)(h) and (i).

Students satisfactorily completing the course will receive a Certificate of Completion and a letter documenting completion of training.

Support Materials provided as part of the class: Student Manual

HAZARDOUS MATERIALS TECHNICIAN - 24 HOURS

This three-day, 24-hour course is designed to address the minimum training requirements of 29 CFR 1910.120 (q) (6) (iii) for incident first responders at the hazardous materials technician level who will be performing offensive control actions.

The course is presented in a combination lecture/discussion and practical exercise format.

Upon completion of the course, participants will be able to:

- Describe basic chemical and toxicological terminology and behavior.
- Identify and use references to determine the hazards of specific products.
- Recognize properties and toxic effects of hazardous materials and identify exposure guidelines.
- Implement a system of incident management and incident command techniques.
- Identify and describe the roles within a hazardous materials incident command system.
- Properly identify, select, use, and care for specialized chemical protective clothing.
- Select and use atmospheric monitoring equipment.
- Select and use equipment for the field identification of unknown products.
- Perform control, containment, and/or confinement operations.
- Decontaminate personnel and equipment.
- Conduct basic incident termination activities.

Students completing the course in a satisfactory manner will receive a Certificate of Completion and a letter documenting completion of this OSHA required training for their personnel file.

Support materials provided as part of the class:

Student Manual, DOT Chart 14 (Label and Placarding Guide),
DOT Emergency Response Guidebook,
Dupont Permeation Guide for Dupont Tychem protection fabrics,
Ansell Chemical Resistance Guide

COURSE DESCRIPTIONS - Continued

HAZARDOUS WASTE SITE WORKER - 24 HOURS

This three-day, 24-hour course satisfies OSHA 29 CFR 1910.120 (e)(2) & (3)(ii)(iii) and the basic training needs of individuals who either work on a site occasionally for specific, limited tasks and are unlikely to be exposed over permissible/published exposure limits or work regularly on a site in monitored and fully characterized areas where respirators have been determined as unnecessary and there are no indicated health hazards or the possibility of a developing emergency.

The course is presented in a combination lecture/discussion and tabletop practical exercise format.

Upon completion, participants will be able to:

- Recognize and access site safety and health hazards.
- Implement work practices to minimize site hazards.
- Recognize properties and toxic effects of hazardous material and identify exposure guidelines.
- Identify the components of a medical surveillance program.
- Properly identify, select, use, and care for specialized chemical protective clothing.
- Plan for safe site operations and site emergencies.
- Select and use atmospheric monitoring equipment.
- Decontaminate personnel and equipment.

Course grading is based on tabletop exercise participation and written examination.

Students satisfactorily completing the course will receive a Certificate of Completion indicating successful completion of OSHA 29 CFR 1910. (3) (ii) initial training requirements for their personnel files.

Support materials provided as part of the class:

Student Manual, DOT Chart 14 (Label and Placarding Guide) &
Response Guidebook, Dupont Permeation Guide for Dupont Tychem protection fabrics,
Ansell Chemical Resistance Guide

HAZARDOUS MATERIALS TECHNICIAN - 40 HOURS

This five-day, 40-hour course is addresses the training needs of emergency response team members operating as hazardous materials technicians in extremely hazardous industrial environments. This course exceeds the technician training requirements specified by OSHA in 29 CFR 1910.120 (q) (6) (iii). The curriculum includes extensive coached practice in critical emergency response offensive spill containment/confinement operations, mitigation, clean-up and incident termination techniques. This program is intended to be the bridge between the basic OSHA 24-hour requirement and the NFPA 80-hour compliance standard.

Upon completion of the course, participants will be able to:

- Describe basic chemical and toxicological terminology and behavior.
- Identify and use references to determine the hazards of specific products.
- Recognize properties and toxic effects of hazardous materials and identify exposure guidelines.
- Implement a system of incident management and incident command techniques.
- Identify and describe the roles within a hazardous materials incident command system.
- Properly identify, select, use, and care for specialized chemical protective clothing.
- Select and use atmospheric monitoring equipment.
- Select and use equipment for the field identification of unknown products.
- Perform control, containment, and/or confinement operations.
- Decontaminate personnel and equipment.
- Conduct basic incident termination activities.

Successful completion of this course is achieved by: active participation in field and tabletop exercises, demonstrating proficiency in this requisite skills, and passing a written examination with a minimum score of 70%.

Students satisfactorily completing the course will receive a Certificate of Completion documenting their successful completion of the OSHA required training.

Support materials provided as part of the class:

Student Manual, DOT Chart 14 (Label and Placarding Guide) &
DOT Emergency Response Guidebook,
Dupont Permeation Guide for Dupont Tychem protection fabrics,
Ansell Chemical Resistance Guide

COURSE DESCRIPTIONS - Continued

HAZARDOUS WASTE SITE WORKER - 40 HOURS

The Hazardous Waste Site Worker Course is a five-day, 40-hour program that meets the training requirements specified by OSHA in the HAZWOPER standard under 29 CFR 1910.120 (3)(e)(i).

The course is comprised of ten learning blocks that address the training needs of individuals routinely on site and engaged in investigations, sampling, remediation, removal, or other activities which expose or potentially expose them to hazardous substances and/or health and safety hazards. Upon completion of this program, the hazardous waste site worker and subjectively demonstrated competence in the following subject matter areas:

1. Recognition and assessment of safety, health and other hazards present on site;
2. Proper use of atmospheric monitoring instruments;
3. Identification, selection, and use of chemical protective clothing and respiratory protection equipment;
4. Work practices to minimize employee risks from hazards;
5. Safe use of engineering controls and equipment on site;
6. Medical surveillance components and techniques in the recognition of symptoms and signs that might indicate overexposure to hazards;
7. Planning for safe site operations and site emergencies;
8. Confined space operations awareness;
9. Decontamination procedures for personnel and equipment; and
10. Employee rights and responsibilities.

Students are evaluated throughout the program by comprehensive learning checks, practical exercise participation, and in class activities. At the conclusion of the course, each student is required to demonstrate knowledge of the subject matter by passing a multiple-choice examination and applying his or her developed skills to scenarios.

Students satisfactorily completing the course will receive a Certificate of Completion indicating successful completion of OSHA Worker certification requirements.

Support materials provided as part of the class:

Handouts: Training manual, DOT Chart 14 (Labeling & Placarding Guide),
DuPont *Permeation Guide for DuPont Tychem protection fabrics*, Ansell Chemical
Resistance Guide.