



5290 Sandyford Street
Alexandria VA 22315
(703) 971-3495
www.sagehorizons.com

"Sage... We Know How"

knowhow@sagehorizons.com

✓	Woman Owned	✓	Veteran Owned (SDVOB)	✓	Small Business	✓	8(a) Certified
---	-------------	---	-----------------------	---	----------------	---	----------------

[Consulting Services](#)

[Training Services](#)

Sage Horizons Consulting, Inc. provides management consulting and training services to a variety of government, military, commercial, and private businesses. Sage is a woman-owned, veteran-owned, service-disabled veteran-owned, small business with 8(a) certification.

Consulting and training services include organization transformation, leadership and leadership investment, strategic planning, project management and project management training, organizational training and training development, business process reengineering, process improvement, human resources management, facilitation, benchmarking, quality tools application, and high performance team development.

Consulting Services (SIN 874-1)

- Organizational Transformation/Assessment
- Strategic Planning
- Facilitation
- Process Reengineering/Improvement
- Conflict Resolution
- Project Management
- Senior Executive Development/Coaching
- High Performance Team Development
- Workforce Diversity
- Leadership/Supervisory Investment

Sage's consulting offers more than 20 years of experience to provide expert advice, assistance, and guidance to clients in their quest for improved management, organizational business process performance excellence, and overall increased organizational effectiveness. Sage brings proven consulting tools and techniques, systematic approaches, and management strategies from the highest industry benchmarks to address clients' improvement needs.

As a part of its routine, Sage offers customized training to support its consulting efforts. Customized training is offered in the areas listed below. Training can be customized to meet the needs of all participants at all levels of the organization including top leadership, management, supervisory, and general workers.

Customized Training Areas

Developing Organizational Strategic Initiatives
High Performance Team Development
Project Management
Establishing Performance Management Systems
Work Process Reengineering/Improvement
Effective Problem Solving
Managing and Resolving Conflict
Conducting Key Business Process Analyses
Effective Communications
Developing Effective Customer Relations(Mgrs/Sprv)
Providing Effective Customer Service

Labor Category	2006	2007	2008	2009	2010
Senior Management Consultant	\$293.18	\$303.44	\$314.06	\$325.06	\$336.43

Training Services (SIN 874-4)

In addition to customized training to support consulting efforts (please see [Consulting Services](#) above), Sage offers project management training and training in organizational conflict resolution.

The Fundamental Principles of Project Management is a two-day seminar designed to help leaders, sponsors, and managers understand the fundamental principles of project management and how to apply basic project management skills to new or on-going projects. It includes modules on project planning and integration, project requirements, project monitoring and control, and formal project closing.

Managing and Resolving Conflict is a two-day course designed to help individuals develop skills to effectively manage and resolve conflict in the work place. Target audience includes managers, supervisors, team leaders, etc.

Awarded training courses under SIN 874-4, Training Services:

	Course Rate Year 1	Course Rate Year 2	Course Rate Year 3	Course Rate Year 4	Course Rate Year 5	Course Length
Project Management	\$ 14,317.08	\$ 14,818.18	\$ 15,336.81	\$ 15,873.60	\$ 16,429.18	3 Days
Managing and Resolving Conflict	\$ 8,209.11	\$ 8,496.43	\$ 8,793.80	\$ 9,101.59	\$ 9,420.14	2 Days

Other Training. (See customized training under SIN 874-1)

Point of Contact

Cynthia Gibbs

cgibbs@sagehorizons.com.

(703) 971-3495